

Get Your Groove Back Conference

This is an opportunity for you to **enjoy** an evening out and **gain** a new **perspective** on life, as you listen to our incredible speakers all designed to help you **“GET YOUR GROOVE BACK!”**
See you on May 1st! At the Senior’s Drop in Center

Event Topic:

This event will focus on women’s mental health—specifically how it often goes unrecognized until it’s brought to light.

 Thursday, May 1 2025

 6:30 - 8.30 PM

 Seniors' Drop-In Centre Society:
2965 S Main St, Penticton, BC

Tickets: \$25 each and 2 for \$40.00

Registration is Easy

Step 1: *Email* us with your **name(s)** and how many will be **attending** to marriagecommish@telus.net

Step 2: *E-Transfer* \$25 to marriagecommish@telus.net

THE SPEAKER LINEUP



PANEL OF SPEAKERS

**Rosemary T.
Mupambwa**

Executive Director and Life Coach



PANEL OF SPEAKERS

**Dr. Chinonye
Otu**

Medical Doctor



PANEL OF SPEAKERS

Sandra Lee

Intuitive Sound & Energy Healer



PANEL OF SPEAKERS

Shauna Fox

Executive Director
Ooknakane Friendship Centre



SPEAKER

Debbie Clark

Financial Advisor



SPEAKER

Yvette

Clinical Counselor

